

Active For Sleep (A4S) Project with airweave



Pilot project: Active For Sleep (A4S) Project

Promoting sport participation for inactive people through "Sleep and Exercise" program.

Offering opportunities to participate in the project plan for

municipalities.

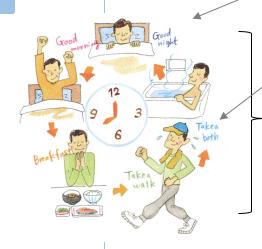


Nap problem lack of concentration...

3 Program / 4 Weeks

- 1.Sleep Monitoring Program
- 2.Relaxation Program
- 3. Physical Activity Program

Option: Workshops & Seminar





Exclusive sleep application

- 1 Technical information
- 2 Improvement of the lifestyle
- 3 SNS Social Impact







Active participation is important.